



FREE

BASIC LIFE SUPPORT & AED TRAINING

Our FREE 2 hour workshop offers training in basic life support, hands on experience of CPR and AED tuition to groups or individual.

It will give you confidence in knowing what to do if someone you know collapses.

Tuesday 27th January
Weekley Village Hall
Weekley
Kettering
NN16 9UP
7-9pm

Training includes:

- Learn about Emergency Situation
- Basic Life Support
- Get Started with CPR
- Get Started with AEDs
- Real-life Demonstration
- Hands on Practice

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Supporting East Midlands Ambulance Service



Everyone welcome, just come along!



NHS
East Midlands
Ambulance Service
NHS Trust

